

Terrell Conference For Mental Health Practitioners

Thursday, January 10th, and Friday, January 11th, 2019

Student Union Annex, Southeastern Louisiana

University. Hammond, La. 70402

Total CE Available 7.5

Online Registration Available at:
Southeastern.edu/TerrellConference

Early Registration (before December 10th, 2019)

(Registration includes Continental Breakfast, Lunch and Snacks)

\$85 Professionals

\$55 Professionals employed by Southeastern

\$30 Students * Verification Required

Late/Onsite Registration (After December 10th, 2019)

(Registration includes Continental Breakfast, Lunch and Snacks)

\$100 Professionals

\$70 Professionals employed by Southeastern

\$45 Students *Verification Required

Registration Refunds available to those who contact

Recovery@Southeastern.edu before January 10th, 2019.

ADA accommodations available upon request. Please indicate needed accommodations during online registration process.

Grievances can be directed to Recovery@Southeastern.edu.

Terrell Conference 2019
Program Content

Thursday January 10th, 2019

4pm: Expo/Registration

6pm - 8pm: Conference Welcome and Opening Speaker

Nick Hayes, M.S., LMFTA (TX), LCDC (TX) as Director of

Clinical Research - Cumberland Heights - *Recovery*

Research Outcomes - TBA -

Friday (January 11th, 2019)

7:30-8:30 am: Registration

8:30 – 10:00 am: Breakout Sessions (1.5 CEUs)

1. Angie Woods, PhD, LCSW, BACS- *Motivational*

Interviewing Self-Assessment: Kicking It Up a Notch

Presenter will first review the latest research on

motivational interviewing and client language on

outcomes. *The Eight Stages of Learning Motivational Interviewing* will be used as a guide to evaluating the participant's level of competence in the application of *Motivational Interviewing in practice*.

1. To understand what makes motivational interviewing (MI) effective; and 2. To be able to identify strengths and areas for improvement in the participant's level of competence in applying the spirit of MI, core counseling skills (OARS), recognition of change talk, eliciting and strengthening change talk, softening sustain talk and discord, developing a change and consolidating commitment, and switching between MI and other approaches.

2. Ryan Phillips LPC-S, NCC- *Addiction and the Family System*

Presentation defines and reviews addiction, contributing factors, personality disorder, codependency, and the family system.

Educate on the effects of addiction on the family system and approaches to focus on when counseling the family.

10:00-10:15 am Networking Break

10:15-11:45 am Breakout Sessions (1.5 CEUs)

1. Yevonne Baran, PhD, LPC-S, LMFT-S - *Ethical Clinical*

Supervision - What the Experts Teach Us

Are you a clinical supervisor or supervisee who has heard conflicting messages from others about the ethics involved in supervision? Join us for an entertaining and informative critique of the new ACA published book titled, Gatekeeping in the Mental Health Professions edited by Homrich and Henderson. Brainstorm ethical options in dealing with clinical dilemmas for both supervisors and supervisees. Gain knowledge and support from experts and peers in the mental health field and leave this session with a renewed sense of appreciation for the ethical process in clinical supervision.

1. *Participants will be better informed about dual/multiple roles with clinical supervision and how to navigate them.*
 2. *Participants will increase their understanding of the complexities of ethical decision-making within the context of the supervisory relationship and improve their appreciation of their supervisor or supervisee's approach in addressing these.*
 3. *Participants will learn specific techniques to establish ethical supervision parameters and ongoing evaluation.*
 2. *Garry Eldridge, LMFT, LPC-S, CSAT, CMAT, EFT Therapist*
 - *"Sexual Addiction: Is it Really a Thing, or just Fake News?"*
- | | |
|---|---|
| <p><i>This presentation addresses how sexual addiction characteristics match those of other substance & process addictions, and provides a model for effective treatment. Sexual addiction when properly diagnosed is not an excuse for bad behavior, but a</i></p> | <p><i>valid clinical determination that provides a framework for helping and understanding the client's out of control, compulsive sexual behavior. It provides hope for many clients, partners, & families who have for so long felt hopeless.</i></p> |
|---|---|
1. *Understand how sexual addiction/compulsive sexual behavior is a valid clinical determination, even though it is currently not in the DSM-V.*
 2. *Ability to identify & determine the presence of sexual addiction*
 3. *Understand the addiction criteria as applicable to sexual addiction*
 4. *Understand the collateral indicators that are markers for sexual addiction*
 5. *Introduce the Sexual Addiction Screening Test-Revised*
 6. *Identify the four Core Beliefs/Lies of the sexual addiction client*
 7. *How to provide effective treatment for clients suffering from sexual addiction"*

2. Learn about a platform for online delivery of counselor education

and couples who exhibit unhealthy relationship characteristics.

3. Identify the pros and cons of using

Learning Objectives:

technology as part of both counselor education and supervision

1. Participants will be able to identify guidelines to determine therapeutic interventions which will assist them in addressing

4. Identify unique issues related to confidentiality and liability

unhealthy relationship patterns in their clients.

5. Review relevant components of ACA Code of

2. Participants will be able to describe how to increase therapeutic effectiveness when working with couples who struggle with

Ethics Sections F & H

problematic sexual behaviors.

2. 1:30-4:45 pm Workshop (3 CEs)

3. Participants will explore the dynamics involved in working with

Deborah Schiller LPC, CSAT-S, CMAT-S -

couples who exhibit dysfunctional personality characteristics

Dangerous Love: Personal and Professional

such as out of control anger, dependent traits, and narcissism.

Implications

4. Participants will gain increased knowledge of the impact

The purpose of this presentation is to provide

adverse childhood events can have on attachment styles and

opportunities for learning about therapeutic

why women stay with men who display potentially harmful

interventions, attachment styles, maladaptive defense

behaviors.

mechanisms, and ethical considerations, which will lead

to increased effectiveness in working with individuals

5. Participants will participate in a group discussion focusing on ethical considerations when helping clients address dangerous relationship dynamics.

they play a part in the counselor's impairment. Developing healthy strategies to avoid impairment will also be discussed.

1. Participants will become familiar with the kinds of impairment that are prevalent in the counseling profession.

2. Participants will be more readily able to identify triggers that activate impairment.

3. Participants will become more familiar with symptoms of counselor impairment.

4. Participants will discuss and process boundary issues relevant to their own experiences.

5. Participant will be able to identify more healthy coping strategies for dealing with impairment.

3. June Williams Phd, LPC-S and Michael Leeman Phd, LPC (GA) ,Holgar Heap Counseling Graduate Student - The relationship between early childhood trauma and later substance abuse

3:00-3:15 pm

Networking Break

3:15- 4:45 pm

Breakout Sessions (1.5 CEUs)

1. Peter Emerson, Ed.D, LPC-S & Leah Stone UCC

Counselor Intern - Ethics Recognizing and Working with

Impaired Counselors

This presentation is meant to provide the participant with information regarding various forms of counselor impairment, including how to recognize and remediate.

Included will be a discussion on boundary issues and how

Recovery@Southeastern.edu
Southeastern Louisiana University
SLU Box 10310
Hammond, La. 70401
(985)549-3894